



Futures Forward

A collaborative partnership assisting current and former youth (15 — 29) in CFS care to navigate the transition to successful independence. For more information or to contact us, please call **1-888-395-2135** or visit **futuresforward.ca**

For inquiries from community agencies on collaboration and co-delivery of service, email the project manager, Hafiz Jatto at **hjatto@yesmb.ca**



**Canadian Mental
Health Association**
Mental health for all

**930 Portage Avenue
204-479-1449
204-801-8428
8:30 AM—4:30 PM**

Youth Service Navigator — Laura McNaughton

Indigenous Youth Service Navigator — Angeline Peterson

- Assistance with negotiating challenging situations and obtaining proper identification
- Support with housing, including connections to supported housing services
- Referrals to addiction supports, and support with navigating the mental health system

Youth Counsellor — Gavin Patterson

- Free counselling to support youth through self-determined therapy goals including assistance with healthy relationships, mental health and wellness, emotional regulation, and life transitions



**614 – 294 Portage Avenue
204-987-8661
8:30 AM —4:30 PM**

Outreach Coordinator — Evan Forest

- Assists youth with education planning, including program exploration, upgrading, navigating admissions processes, and assistance with applications
- Offers presentations, meetings and workshops related to Futures Forward, the tuition waiver program, and other bursary opportunities

Post-Secondary Education Advisor —Samantha Olea

- Transitional supports to post-secondary education including program exploration, navigating admissions processes, and assistance with applications
- Refer participants to relevant programs and education opportunities aligned with their individualized goals and interests; provide referrals to other agencies in the community based on participant needs to support overall health and wellbeing.

Student Support Case Manager – Sam Pothier

- Offers support to current post-secondary students, including regular check-ins, a monthly support group, and referrals to various post-secondary and community resources
- Connects tuition waiver students with sponsorship for books, supplies, and a regular living allowance through Skills and Employment Partnerships (SEP)

Employment Facilitator – Mike Tarleton

- One-on-one appointments for goal setting, career planning, building resumes, cover letters, job search skills, interview preparation, and more
- Free training opportunities such as First Aid/CPR, Food Handler's, WHIMIS, Smart Choices, and



**516 – 294 Portage Avenue
204-989-1917
8:30 AM—4:30 PM**

Financial Counsellors — Ashley Kaartinen and Holly Keilty

- Information and assistance with banking and credit, budgeting and spending plans, cell phone contracts, vehicle leasing or ownership, rental agreements, and student loans
- Free income tax preparation for simple returns
- Financial incentives up to \$100 for participation